

winter menu 2018

Week one

 Celery

 Cereals Containing Gluten

 Crustaceans

 Eggs

Fish

 Lupin



 Molluscs

 Mustard










































 Nuts

 Peanuts

 Sesame Seeds

 Soya

 Sulphur Dioxide











































	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	<p>Chicken Tikka Masala</p> <p>  </p> <p>Pizza wrap</p> <p>  </p>	<p>Pasta king</p> <p> </p> <p>Breaded Salmon</p> <p>   </p>	<p>Roast of the Day with Yorkshire Pudding</p> <p>   </p> <p>Roasted pepper Quiche</p> <p>   </p> <p>Jacket potato</p>	<p>Pasta king</p> <p>  </p> <p>Chicken fajitas</p> <p>   </p> <p>Pizza Wrap</p> <p></p>	<p>Fish fingers</p> <p>  </p> <p>Pizza wrap</p> <p>    </p> <p>    </p>
Potatoes	Jacket Potato	Salad potatoes Jacket potato	salad potatoes Potatoes	pasta Salad potatoes	Chips
Pasta/Rice	rice				
Vegetables	Sweetcorn Broccoli	Carrots Garden Peas	Sweetcorn Broccoli	Mixed Vegetables Green Beans	Baked Beans Sweetcorn
Salad Bowl	Variety of Seasonal Salads	Variety of Seasonal Salads	Variety of Seasonal Salads	Variety of Seasonal Salads	Variety of Seasonal Salads
Starters or Sweets	Iced orange cake	Eves pudding & custard	Butterscotch mousse	cheesecake	Chocolate chip muffin

**Selection of Filled Jacket Potatoes, Homemade Sandwiches and Filled Wraps
Fresh Fruit and Raisins available daily**

winter menu 2018

WEEK TWO

-  Homemade Dish
-  Celery
-  Cereals Containing Gluten
-  Crustaceans
-  Eggs
-  Fish
-  Lupin
-  Milk
-  Molluscs
-  Mustard
-  Nuts
-  Peanuts
-  Sesame Seeds
-  Soya
-  Sulphur Dioxide

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	<p>Italian chicken   </p> <p>Jacket Potato  </p> <p> </p>	<p>Pasta king </p> <p>Fishcakes    </p>	<p>Chicken and Veg Pie    </p> <p>Pizza Bagette   </p> <p></p>	<p>Pasta king  </p> <p>Tuna Melt  </p> <p>pizza wrap </p>	<p>Oven Baked Sausage    </p> <p> Veggie sausage</p>
Potatoes Pasta / Rice	<p>Pasta</p> <p>salad Potato</p>	<p>Salad potatoes</p> <p>Jacket potato</p>	<p>salad potatoes</p>	<p>salad Potatoes  pasta</p>	<p>Chips</p>
Vegetables	<p>Sweetcorn / Broccoli</p>	<p>Carrots / Green Beans</p>	<p>Farmhouse Veg Sweetcorn</p>	<p>Sweetcorn/ Carrots</p>	<p>Baked Beans Garden Peas</p>
Salad Bar	<p>Variety of Seasonal Salads</p>	<p>Variety of Seasonal Salads</p>	<p>Variety of Seasonal Salads</p>	<p>Variety of Seasonal Salads</p>	<p>Variety of Seasonal Salads</p>
Starters or Sweets	<p>Iced Chocolate cake    </p>	<p>steam sponge & Custard    </p>	<p>Jelly & Cream </p>	<p>Jam Tart </p>	<p>Shortbread Biscuit </p>

**Selection of Filled Jacket Potatoes , Homemade Sandwiches And Filled Wraps
Fresh Fruit & Raisins available daily**

Winter menu 2018

Week Three

 Homemade Dish

 Celery

 Cereals Containing Gluten

 Crustaceans

 Eggs

 Fish

 Lupin

 Milk

 Molluscs

 Mustard





















































 Nuts

 Peanuts

 Sesame Seeds

 Soya

 Sulphur Dioxide

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Course Choices	<p>Tandoori Chicken</p> <p> </p> <p>Jacket Potato</p> <p> </p>	<p>Pasta king</p> <p>  </p> <p>Cod Fishcakes</p> <p>    </p>	<p>Spaghetti Bolognaise</p> <p>   </p> <p>Pizza Wrap</p> <p>  </p>	<p>Pasta king</p> <p>  </p> <p>Chicken Nuggets</p> <p>  </p>	<p>Margarita pizza</p> <p> </p> <p>Fish fingers</p> <p>   </p>
Potatoes Pasta / Rice	Rice	<p>salad Potatoes</p> <p></p>	<p>Salad potatoes</p> <p></p>	<p>pasta</p> <p>Potato wedges</p>	Chips
Vegetables	<p>Salad potatoes</p> <p>Broccoli / Cauliflower</p> <p></p>	<p>jacket Potato</p> <p>Garden Peas</p> <p></p>	<p>Jacket potatoes sweetcorn</p> <p></p>	<p>Sweetcorn</p> <p> </p>	Beans
Salad Bar	<p>Mixed Vegetables</p> <p>Variety of Seasonal Salads</p>	<p>Carrots</p> <p>Variety of Seasonal Salads</p>	<p>Variety of Seasonal Salads</p>	<p>Green Beans</p> <p>Variety of Seasonal Salads</p>	<p>Sweetcorn</p> <p>Variety of Seasonal Salads</p>
Starters or Sweets	<p>Iced Vanilla Cake</p> <p>   </p>	<p>Steam Sponge And Custard</p> <p>   </p>	<p>Ice cream Tub</p> <p></p>	<p>Chocolate Brownie</p> <p>  </p>	<p>Ginger Biscuit</p> <p> </p>
	<p>Selection of Filled Jacket Potatoes</p>		<p>Homemade Sandwiches and filled wraps</p>		
	<p>Fresh Fruit & Raisins available daily</p>				